

## CPD Courses at CCM London

The College of Chinese Medicine (CCM London) was established to promote the development and education of Acupuncture and Traditional Chinese Medicine therapies in the United Kingdom, and to preserve and further develop their professional standing and integration into modern health care practice. The College is dedicated to the education of high calibre Acupuncture & TCM professionals who are proficient in modern western medical sciences as well as traditional Chinese theory.

The Acupuncture Society accredits all the courses of CCM London. The following CPD courses fully comply with the CPD requirements of the Acupuncture Society and are highly recommended to Society members as well as other acupuncture, massage, osteopathy and physical therapists.

### [Auricular Acupuncture for Pain & Musculoskeletal Conditions 2-Day CPD Course](#)

12 Contact hours with 20 hours of CPD Credits

Auricular acupuncture is a powerful therapeutic technique, which is especially effective to help with acute and chronic MSK pain. It can be used to make a valuable contribution to patient rehabilitation on its own or in combination with other therapeutic interventions.

The course centres on specialised auricular acupuncture treatments for pain and Musculoskeletal conditions. The two modules cover basic TCM theory, ear anatomy, ear points' function and location, as well as point location and needling practice on each other and patients.

For more information about this course or to book a place, please contact Paul Robin on 0773 4668402 or [acusoc@yahoo.co.uk](mailto:acusoc@yahoo.co.uk).

### [Respiratory Acupuncture 2-Day CPD Course](#)

12 Contact hours with 20 hours of CPD Credits

This course combines Auricular and Thoracic Acupuncture to treat Respiratory conditions. Auricular acupuncture is a powerful therapeutic technique, which can make a valuable contribution to patient rehabilitation. Thoracic acupuncture is centred on improving the lung condition and both these techniques when combined have a remarkable beneficial effect on many common respiratory conditions.

The Auricular module covers anatomy & topography of the ear, points function and location, needle insertion and respiratory formulae practice in pairs and

patients. The Thoracic acupuncture module covers body points on the chest, which are used to treat common chest and respiratory conditions. It includes points location and function as well as needling practice in pairs.

For more information about this course or to book a place, please contact Paul Robin on 0773 4668402 or [acusoc@yahoo.co.uk](mailto:acusoc@yahoo.co.uk).

### [Advanced Meridian Stretch 2- or 3-Day CPD Course](#)

15 or 22.5 contact hours with 20 or 30 hours of CPD Credits

The course includes a two-day theoretical part and a one-day practical session. The theory sessions cover principle concepts of TCM and the Acupuncture meridian system, focusing on the precise pathways of the meridians in respect to the myo-fascial (skeletal muscles) structures, as well as the specific functions of the different meridian muscle groups. The second-day session of the course covers the different functional types of stretching and their underlying physiological mechanisms. It focuses on the practical application of the principles and methods of stretching in the regulation of the acupuncture meridians and their respective muscles. The third practical session covers specific stretches for each of the different areas of the body with demonstration, explanation and individual practical work.

For more information about this course or to book a place, please contact Dragomir on 07976 253682 or [dragomirl@btinternet.com](mailto:dragomirl@btinternet.com).

### [Anatomy, pathology, palpation diagnosis and acupuncture/acupressure treatments for upper back and neck conditions – 1-day CPD seminar and workshop](#)

7 Contact hours with 12 hours of CPD Credits

The seminar includes a morning theoretical part and a practical afternoon workshop. The theory session covers the principle MSK anatomy in relation to the Acupuncture meridians and the common pathological patterns of the upper back and neck, focusing on their aetiology, diagnosis and treatment. The practical afternoon workshop involves working in pairs performing palpation diagnosis of the different muscles in the upper back and neck and their common trigger points. It also covers acupressure stimulation of the relevant muscle local and distal acupuncture points.

For more information about this course or to book a place, please contact Dragomir on 07976 253682 or [dragomirl@btinternet.com](mailto:dragomirl@btinternet.com).

[Anatomy, pathology, palpation diagnosis and acupuncture/acupressure treatments for low back and hip conditions – 1-day CPD seminar and workshop](#)

7 Contact hours with 12 hours of CPD Credits

The seminar includes a morning theoretical part and a practical afternoon workshop. The theory session covers the principle MSK anatomy in relation to the Acupuncture meridians and the common pathological patterns of the low back, focusing on their aetiology, diagnosis and treatment. The practical afternoon workshop involves working in pairs performing palpation diagnosis of the different muscles in the upper back and neck and their common trigger points. It also covers acupressure stimulation of the relevant muscle local and distal acupuncture points.

For more information about this course or to book a place, please contact Dragomir on 07976 253682 or [dragomirl@btinternet.com](mailto:dragomirl@btinternet.com).

[Anatomy, pathology, palpation diagnosis and acupuncture/acupressure treatments for shoulder conditions – 1-day CPD seminar and workshop](#)

7 Contact hours with 12 hours of CPD Credits

The seminar includes a morning theoretical part and a practical afternoon workshop. The theory session covers the principle MSK anatomy in relation to the Acupuncture meridians and the common pathological patterns of the shoulder, focusing on their aetiology, diagnosis and treatment. The practical afternoon workshop involves working in pairs performing palpation diagnosis of the different muscles in the upper back and neck and their common trigger points. It also covers acupressure stimulation of the relevant muscle local and distal acupuncture points.

For more information about this course or to book a place, please contact Dragomir on 07976 253682 or [dragomirl@btinternet.com](mailto:dragomirl@btinternet.com).

[Anatomy, pathology, palpation diagnosis and acupuncture/acupressure treatments for knee conditions – 1-day CPD seminar and workshop](#)

7 Contact hours with 12 hours of CPD Credits

The seminar includes a morning theoretical part and a practical afternoon workshop. The theory session covers the principle MSK anatomy in relation to the Acupuncture meridians and the common pathological patterns of the knee, focusing on their aetiology, diagnosis and treatment. The practical afternoon workshop involves working in pairs performing palpation diagnosis

of the different muscles in the upper back and neck and their common trigger points. It also covers acupressure stimulation of the relevant muscle local and distal acupuncture points.

For more information about this course or to book a place, please contact Dragomir on 07976 253682 or [dragomir@btinternet.com](mailto:dragomir@btinternet.com).

### [Herbal balm CPD course](#)

4 Contact hours with 12 hours of CPD Credits

This half-day CPD course covers the making and uses of Chinese herbal balms, oils and ointments in the treatment of various MSK complaints – traumatic and sports injuries, orthopaedic and rheumatic conditions. The course covers how to use carrier oils and bees wax as a base for making medicated oils and balms. It also covers around 30 Chinese herbs which have been used over the centuries for the healing of wounds, rheumatism, arthritis, sprains, contusions, fractures, cuts, bruises, traumatic injuries caused by accidents or martial. The course also involves a hands-on experience of making your own balm.

For more information about this course or to book a place, please contact Paul Robin on 0773 4668402 or [acusoc@yahoo.co.uk](mailto:acusoc@yahoo.co.uk).

### [Chinese Tongue, Face & Eye Diagnosis 1-Day CPD Course](#)

6 Contact hours with 10 hours of CPD Credits

The course covers explained tongue, eye and facial diagnosis, based on Paul's 25 years experience. The appearance of the tongue areas, substance, fur and conditions are explained and illustrated with numerous pictures and on each other. The colour and appearance of the different areas of the face and eyes are explained in relation to their corresponding body areas and related pathology.

The course also involves practical tongue, eye and face assessment with explanations of how to interpret and translate this information into an accurate understanding of the patient's condition in relation to the information obtained through the eye and face observation.

For more information about this course or to book a place, please contact Paul Robin on 0773 4668402 or [acusoc@yahoo.co.uk](mailto:acusoc@yahoo.co.uk).

### [Practical Pulse Taking 1-day CPD Workshop Course](#)

6 Contact hours with 8 hours of CPD Credits

The course covers explained pulse diagnosis, based on Paul's 25 years experience. The location, level, speed, volume, energy and character of the pulse are explained in relation to their corresponding body areas and related pathology.

The course also involves practical traditional pulse taking with explanations of how to interpret and translate this information into an accurate understanding of the patient's condition in relation to the information obtained through other diagnostic methods.

For more information about this course or to book a place, please contact Paul Robin on 0773 4668402 or [acusoc@yahoo.co.uk](mailto:acusoc@yahoo.co.uk).

### [Facial Cupping & Gua Sha CPD Course](#)

4 Contact hours with 12 hours of CPD Credits

This half-day CPD course covers the theory and practical application of Facial Cupping and Gua Sha. Gua Sha brings the Blood and Qi to the surface and initiate skin healing through friction pressure. Facial cupping decongests and speeds up the circulation of Blood and Qi of the skin and sub-dermal layers of the face through suction. Both these techniques are very simple to apply and are mutually complementary. They help smooth facial contours, fine lines, sagging, wrinkles and improve facial appearance and colour.

For more information about this course or to book a place, please contact Paul Robin on 0773 4668402 or [acusoc@yahoo.co.uk](mailto:acusoc@yahoo.co.uk).

The College also offers many more Professional, Undergraduate, Postgraduate and Diploma Courses in Acupuncture & Chinese Medicine. For our full list of courses, please download our [College's Prospectus](#).